

Grow and Cook Your Own Simple Seasonal Recipes for Small Outdoor Spaces (Even with Just Five Plants!)

Growing your own food is a great way to live a healthier and more sustainable lifestyle. But if you only have a small outdoor space, you might think that growing your own food is impossible. Not so! With a bit of planning and the right plant choices, you can create a bountiful edible garden in even the smallest of spaces.



Grow 5: Simple seasonal recipes for small outdoor spaces with just five plants by Lucy Bellamy

★★★★★ 5 out of 5

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The 5 Best Plants for Small Outdoor Spaces

When choosing plants for your small outdoor space, it's important to select varieties that are easy to grow and that will produce a good yield. Here are five of the best plants for small outdoor spaces:

1. **Tomatoes:** Tomatoes are a classic garden vegetable that is relatively easy to grow, even in small spaces. They come in a variety of sizes

and shapes, so you can find a variety that fits your space and your needs.

2. **Cucumbers:** Cucumbers are another great option for small outdoor spaces. They are a vine plant, so they can be grown vertically, which saves space. Cucumbers are also relatively easy to grow and produce a good yield.
3. **Beans:** Beans are a great source of protein and are relatively easy to grow. They come in a variety of types, including bush beans, pole beans, and snap beans. Bush beans are the most compact type of bean, so they are a good option for small spaces.
4. **Lettuce:** Lettuce is a cool-season crop that can be grown in small spaces. It is a good source of vitamins and minerals and can be used in a variety of dishes.
5. **Herbs:** Herbs are a great way to add flavor to your dishes and can be grown in small spaces. Some of the easiest herbs to grow include basil, parsley, cilantro, and mint.

Simple Seasonal Recipes for Small Outdoor Spaces

Once you have your plants growing, you can start to enjoy the fruits of your labor! Here are a few simple seasonal recipes that you can make with the produce from your small outdoor space:

- **Summer:** Tomato and cucumber salad with fresh basil
- **Fall:** Roasted root vegetables with herbs
- **Winter:** Lentil soup with carrots and celery
- **Spring:** Green salad with radishes and fresh herbs

Growing your own food in a small outdoor space is a great way to live a healthier and more sustainable lifestyle. With a bit of planning and the right plant choices, you can create a bountiful edible garden that will provide you with fresh, delicious produce all year long.



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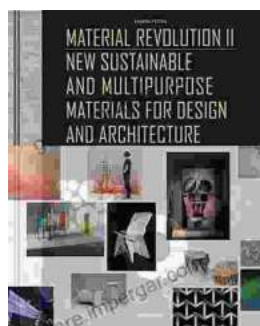
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