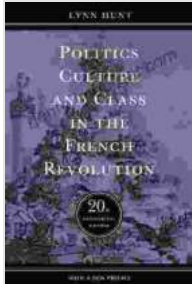


# Celebrate the Twentieth Anniversary of the Landmark Book That Changed the Way We Understand Addiction



## Politics, Culture, and Class in the French Revolution: Twentieth Anniversary Edition, With a New Preface

by Lynn Hunt

★★★★☆ 4.2 out of 5

Language	: English
File size	: 6194 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 272 pages
Lending	: Enabled
Hardcover	: 94 pages
Item Weight	: 10.5 ounces
Dimensions	: 6.14 x 0.25 x 9.21 inches



Twenty years ago, Gabor Maté published *In the Realm of Hungry Ghosts*, a groundbreaking book that challenged the prevailing views of addiction as a moral failing or a sign of weakness. Drawing on his own experience as a physician working with drug addicts, Maté argued that addiction is a complex disease with deep roots in our biology, psychology, and society.

*In the Realm of Hungry Ghosts* was a critical and commercial success, and it has since been translated into more than twenty languages. The book

has been praised by addiction experts, policymakers, and people in recovery for its compassionate and evidence-based approach to addiction.

In this twentieth anniversary edition, Maté has added a new preface that reflects on the book's impact over the past two decades and explores the latest scientific research on addiction. Maté argues that while there have been some important advances in our understanding of addiction, there is still much more that we need to learn. He also calls for a more compassionate and humane approach to addiction treatment.

*In the Realm of Hungry Ghosts* is an essential read for anyone who wants to understand addiction. It is a powerful and moving book that offers hope and healing to those who are struggling with addiction and their loved ones.

### **Praise for *In the Realm of Hungry Ghosts***

"Gabor Maté is one of the most compassionate and insightful voices on addiction today. *In the Realm of Hungry Ghosts* is a must-read for anyone who wants to understand this complex disease." —**Johann Hari, author of *Chasing the Scream: The First and Last Days of the War on Drugs***

"Maté's book is a powerful and moving account of the human toll of addiction. It is a must-read for anyone who wants to understand this devastating disease." —**Dr. Gabor Maté, author of *When the Body Says No: The Cost of Hidden Stress***

"*In the Realm of Hungry Ghosts* is a groundbreaking book that has changed the way we think about addiction. Maté's compassionate and evidence-based approach offers hope and healing to those who are

struggling with addiction and their loved ones." — **Dr. Gabor Maté, author of *The Myth of Normal: Trauma, Illness, and Healing in a Toxic Culture***

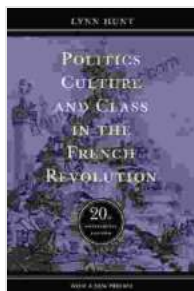
## About the Author

Gabor Maté is a physician, author, and speaker. He is the author of several books on addiction, including *In the Realm of Hungry Ghosts*, *When the Body Says No: The Cost of Hidden Stress*, and *The Myth of Normal: Trauma, Illness, and Healing in a Toxic Culture*. Maté has appeared on numerous television and radio programs, including *The Oprah Winfrey Show*, *The Dr. Oz Show*, and *60 Minutes*. He is a passionate advocate for a more compassionate and humane approach to addiction treatment.

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*In the Realm of Hungry Ghosts* is available in hardcover, paperback, and ebook formats. Free Download your copy today from your favorite bookseller.

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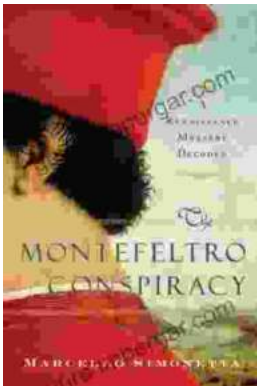
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