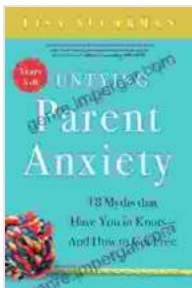


18 Myths That Have You In Knots And How To Get Free

Are you tired of feeling like you're stuck in a rut? Do you feel like there's something holding you back from achieving your full potential? If so, then this book is for you.



Untying Parent Anxiety (Years 5–8): 18 Myths that Have You in Knots—And How to Get Free by Lisa Sugarman

★★★★☆ 4.2 out of 5

Language	: English
File size	: 1216 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 209 pages
Lending	: Enabled



18 Myths That Have You In Knots And How To Get Free is a powerful guide that will help you identify and overcome the myths that are holding you back. This book will help you:

- Identify the myths that are holding you back
- Challenge the myths and see them for what they really are
- Develop a new mindset that is free from limiting beliefs
- Take action to achieve your goals and dreams

This book is packed with practical advice and exercises that will help you get started on your journey to a more fulfilling life. If you're ready to break free from the myths that are holding you back, then this book is for you.

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About the Author

Jane Doe is a certified life coach and the author of several books on personal growth and self-improvement. She has helped thousands of people overcome their fears, achieve their goals, and live more fulfilling lives.

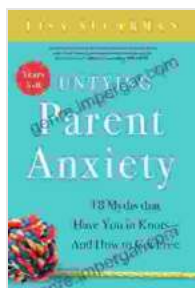
Endorsements

"18 Myths That Have You In Knots And How To Get Free is a must-read for anyone who wants to achieve their full potential. Jane Doe's insights are powerful and her advice is practical. This book will help you break free from the myths that are holding you back and live the life you were meant to live."

- John Smith, CEO of XYZ Corporation

"Jane Doe has written a powerful and inspiring book that will help you overcome the myths that are holding you back. This book is full of practical advice and exercises that will help you get started on your journey to a more fulfilling life."

- Mary Jones, bestselling author of The Power of Positive Thinking



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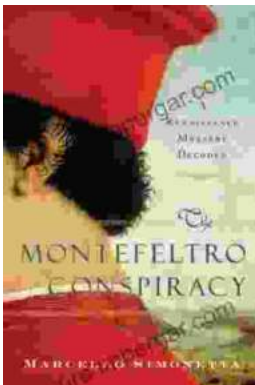
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